

Patient Newsletter



Christmas & New Year Opening Hours

Monday 22nd Dec 08.00-18.30

Tuesday 23rd Dec 08.00-18.30

Wednesday 24th Dec 07.30-18.30 St George/ 07.30-17.30 L/S

Thursday 25th December CLOSED

Friday 26th December CLOSED

Saturday 27th December 09.00-12.00 St George Only

Sunday 28th December CLOSED

Monday 29th Dec 08.00-18.30

Tuesday 30th Dec 08.00-18.30

Wednesday 31st Dec 07.30-18.30 St George/ 07.30-1.30 L/S

Thursday 1st Jan CLOSED

Friday 2nd Jan CLOSED

Saturday 3 Jan 09.00-12.00 St George Only







Appointments Are Valuable

Our appointments are at a premium, especially during the winter months.

If you are unable to attend your appointment, please cancel using one of the following options:

- In person
- By telephone
- Via the NHS app
- Through your text message reminder

! ! DID NOT ATTEND November ! !!

85 patients did not attend their GP appointment **360** patients did not attend their nurse appointment

Missed appointments prevent other patients from receiving timely care.

Please help us provide the best service by cancelling if you cannot attend.



How to seek support during the Christmas and New Year period



Local Pharmacy Opening Times Christmas

Christmas Eve

All open as usual

Christmas Day

Morrisons Fishponds Rd 11am -1pm Gloucester Rd Pharm 2.30pm-4.30pm Lawrence Weston Pharm 2pm-4pm Easton Pharmacy 1pm-3pm Silverman Chemist, Knowle 5pm-7pm

Boxing Day

Boots Eastgate 9am-5pm
Lawrence Weston Pharm 2pm-4pm
Asda Bedminster 10am-4pm
Boots Broadmead 10am-5pm
Silverman Chemist, Knowle 5pm-7pm

New Years Day
Boots Eastgate 10am-5pm
Lawrence Weston Pharm 2pm-4pm
Asda Bedminster 10am-4pm
Boots Broadmead 10am-5pm
Silverman Chemist, Knowle 5pm-7pm



Support for domestic abuse & self harm

Next Link – Domestic Abuse services 0800 4700 280

Survive – Domestic Violence Support South Glos <u>0117 961 2999</u>

<u>Self injury support</u> <u>www.selfinjurysupport.org.uk</u>



Mental Health Services at Christmas

Shout - Text "SHOUT" to 85258 for 24/7 text support

CALM - Tel 0800 58 58 58 available daily from 5pm to midnight

Papyrus HOPELINE - Tel 0800 068 4141 or Text 07786 209697 24/7 if under 35

Bristol Samaritans - Tel 116 123 (free from any phone) 24/7

Bristol Mindline Weds to Sun, 8pm – midnight Phone: <u>0808 808 0330</u>



Urgent Treatment Centres at Christmas

999 - URGENT Medical Treatment

111 - Directs to the best care required including dental treatment

Yate Minor Injury Unit open 8am till 8pm - Tel 0300 125 6800

Hengrove Minor Injury Unit open 8am till 8pm - Tel 0300 124 6260

Southmead Minor Injury Unit & A&E - 0117 950 5050

Bristol Childrens Hospital - 0117 923 0000

BRI Emergency Dept - 0117 342 1000



